## **Book Reviews**

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## New horizons in orthodontics, volume 1: advances in fixed appliance technique

Author: William J. Clark

Price: £150

ISBN: 978-0-9570929-0-7

This new publication by William Clark has been produced as an E-book, which is available at www.newhorizonsi northodontics.com or www.twinblocks.com. It is the first volume of a work entitled 'New Horizons in Orthodontics' and will be followed by a second concerned with 'Advances in Functional Therapy and Dentofacial Orthopedics'. It has been produced in landscape format and comes in at over 400 pages, which makes it an impressive piece of work. What also impresses, are the sheer number of beautifully recorded and treated cases, the variety of techniques that have been used, and the very obvious enthusiasm that the author has for his subject. But then, it should perhaps not come as any great surprise that the man who designed the world's most popular and effective functional appliance, is also a man who has diligently recorded the outcome of the orthodontic treatment he has provided throughout his career and spent a considerable amount of his time thinking about how he can further improve this treatment for his patients. I think it is fair to say that this book has been a labour of love for William Clark and it shows.

The book itself is divided into 14 chapters and begins with the author's own basic philosophy regarding diagnosis

and treatment planning and includes a description of his favoured cephalometric analysis. It then provides some historical background regarding the development of fixed appliances, discussing very early fixed appliances, standard edgewise and light wire systems—all with clinical examples. There is significant coverage of the bioprogressive philosophy and labiolingual techniques, with further chapters on the straight wire appliance and self-ligating brackets. In addition, the subject of arch development (lingual, transverse, and sagittal) is covered in some detail over three further chapters. At the end of the book, a chapter covers contemporary orthodontic techniques and there is a brief discussion of orthodontics and dentofacial orthopaedics in the final chapter.

Reading this book has introduced me to a lot of new ideas, many of which I will certainly be trying out in my own clinical practice. I think it will appeal to orthodontists at many different levels of experience and I would heartily recommend it. For me, it was a pleasure to read. The Kingdom of Fife has indeed been privileged to be served by an orthodontist of William Clark's stature.

Martyn T. Cobourne

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## Orthodontic pearls, a clinician's quide (2012)

Author: Larry W. White

Publisher: Taylor Publishing Co., Dallas, TX, USA

Price: US\$89

Dr Larry White has authored and contributed to several books on orthodontics. The author chose to arrange the 'pearls' in the order of discovery or when contributions were sent it to him. The table of contents, however, leads you to what you are looking for.

This well-illustrated book (200 pages and 843 colour illustrations) contains the contributions of 122 authors from

around the world who have shared some of the ideas and techniques that have simplified and expedited the delivery of orthodontic therapies to their patients.

The entire book rests on the premise that together we are smarter, and all knowledge, no matter how minor, increases its potential exponentially when shared. Readers will find tips on patient management, diagnosis, treatment planning,